

Live Activity



# 21<sup>st</sup> Annual Mount Sinai Inflammatory Bowel Disease Consultant's Course

*Practical IBD Management for the Busy Clinician*

**Friday, April 17, 2026**

Davis Auditorium  
Hess Center for Science and Medicine  
1470 Madison Avenue  
New York, NY

Sponsored by: The Dr. Henry D. Janowitz Division of Gastroenterology  
Department of Medicine, Icahn School of Medicine at Mount Sinai

<https://mssm.cloud-cme.com/IBD2026>

## Course Directors

### Robert P. Hirten MD

Associate Professor of Medicine &  
Artificial Intelligence and Human Health  
Associate Program Director of the  
Inflammatory Bowel Disease Fellowship  
Icahn School of Medicine at Mount Sinai  
New York, NY

### Jean-Frédéric Colombel MD

Professor of Medicine  
Director Susan and Leonard  
Feinstein IBD Center  
Icahn School of Medicine at Mount Sinai  
New York, NY

### Marla Dubinsky MD

Professor of Pediatrics and Medicine  
Chief, Division of Pediatric  
Gastroenterology and Nutrition  
Co-Director, Susan and Leonard  
Feinstein IBD Clinical Center  
Co-Director, Marie and Barry Lipman  
IBD Preconception and Pregnancy  
Planning (I-PrePP) Clinic  
Mount Sinai Kravis Children's Hospital  
Icahn School of Medicine at Mount Sinai  
New York, NY

### Asher Kornbluth MD

Clinical Professor of Medicine  
The Henry D. Division of  
Gastroenterology  
Icahn School of Medicine at Mount Sinai  
New York, NY

### James F. Marion MD

Professor of Medicine  
Director of Education and Outreach  
The Susan and Leonard  
Feinstein IBD Center  
Icahn School of Medicine at Mount Sinai  
New York, NY

## Co-Directors

### Maia Kayal, MD, MS

Associate Professor  
The Susan and Leonard  
Feinstein IBD Center  
Dr. Henry D. Janowitz Division of  
Gastroenterology  
Icahn School of Medicine at Mount Sinai  
New York, NY

### Ryan Ungaro, MD, MS

Associate Professor of Medicine  
Director of Clinical Research  
Division of Gastroenterology  
Icahn School of Medicine at Mount Sinai  
New York, NY





# Mount Sinai Inflammatory Bowel Disease Consultant's Course:

## Practical IBD Management for the Busy Clinician

7:00- 7:30 AM Registration and Breakfast  
 7:30-7:35 Welcome and Course Overview **Robert P. Hirten, MD**

### 7:35-8:55 **SESSION I – Building a Modern IBD Toolbox: Practical Medication Selection in 2026** Moderator: Jean-Frédéric Colombel MD

7:35-7:50 Starting Advanced Therapies in 2026: How to Choose the Right First Agent **Bruce E. Sands, MD, MS**  
 7:50-8:05 Managing Loss of Response: When to Re-dose, Escalate, or Switch **Elena Maser, MD, BA, FRCP(C)**  
 8:05-8:20 Combination and Sequential Therapy: What Works in Clinic **Robert P. Hirten, MD**  
 8:20-8:40 Panel: Case Workshop: Selecting First and Second Line Therapy for Crohn's and UC  
 8:40-8:55 Q&A

### 8:55-9:25 **SESSION II – The Lloyd Mayer Lecture** Moderator: Bruce E. Sands, MD

8:55-9:25 Lessons from the Bench to the Bedside: Translating IBD Discovery into Clinical Progress **Scott Snapper, MD**  
 9:25-9:45 Coffee Break

### 9:45-10:45 **SESSION III – Everyday Management Decisions in Private Practice** Moderator: Asher Kornbluth, MD

9:45-10:00 Dysplasia Surveillance in IBD: What Every Gastroenterologist Should Know **James F. Marion, MD**  
 10:00-10:15 Managing the Mild IBD Patient **Ryan Ungaro MD, MS**  
 10:15-10:30 Nutrition in IBD: A Practical Approach **Stephanie Gold, MD**  
 10:30-10:45 Q&A

### 10:45 -11:45 **SESSION IV – Monitoring and Prediction: The Future Is Now** Moderator: Maia Kayal, MD, MS

10:45-11:00 Treat-to-Target in the Community Setting: What's Realistic and What's Not **Thomas Ullman, MD**  
 11:00-11:15 Therapeutic Drug and Biomarker Monitoring in Real-World Practice **Adam Steinlauf, MD**  
 11:15-11:30 Intestinal Ultrasound in Practice **Zoe Gottlieb, MD**  
 11:30-11:45 Q&A  
 11:45-12:35 PM Lunch Break

### 12:35-1:30 **SESSION V – Managing Challenging IBD Cases in Private Practice** Moderator: James F. Marion, MD

12:35-12:50 Managing Perianal Crohn's Disease in the Community Setting **Serre-Yu Wong, MD, PhD**  
 12:50-1:05 Approach to Pouchitis and Chronic Pouch Disorders **Maia Kayal, MD, MS**  
 1:05-1:20 When to Refer for Surgery **Alexander Greenstein, MD**  
 1:20-1:35 Q&A

### 1:35-2:35 **SESSION VI – Health Maintenance, Pregnancy, and the Whole Patient** Moderator: Ayanna Lewis, MD

1:35-1:50 Vaccinations and Preventive Care in IBD **Bhavana Bhagya Rao, MD**  
 1:50-2:05 Fertility, Pregnancy, and Breastfeeding: What to Tell Patients **Zoe Gottlieb, MD**  
 2:05-2:20 What the Data Tell Us: Cancer Risk in IBD in the Era of Biologics and Small Molecules **Steven H. Itzkowitz, MD, FACP, FAGC, AGAF**  
 2:20-2:35 Q&A  
 2:35-2:45 Coffee Break

### 2:45-3:50 **SESSION VII – Complicated Patients, Simplified Management** Moderator: Peter Rubin, MD

2:45-3:00 Navigating the Gray Zone: When its IBS, not IBD activity? **Taryn Lores, PhD**  
 3:00-3:15 A glimpse into the future: Engineering immune cell therapies for IBD **Saurabh Mehandru, MD**  
 3:15-3:30 Acute Severe UC in 2026: What's New, What Still Works, and What to Avoid **Asher Kornbluth, MD**  
 3:30-3:50 From the Clinic to the Course: Audience Cases in Real Time **Moderated by Abhik Bhattacharya MD**  
 3:50-3:55 Closing Remarks **Robert P. Hirten, MD**



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### Icahn School of Medicine at Mount Sinai Course Directors

#### Robert P. Hirten, MD

Associate Professor of Medicine & Artificial Intelligence and Human Health  
Associate Program Director of the Inflammatory Bowel Disease Fellowship  
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Icahn School of Medicine at Mount Sinai  
New York, NY

#### Ryan Ungaro, MD, MS

Associate Professor of Medicine  
Director of Clinical Research  
Division of Gastroenterology  
Icahn School of Medicine at Mount Sinai  
New York, NY

### Guest Faculty

#### Scott B. Snapper, MD, PhD

Chief, Division of Gastroenterology, Hepatology, and Nutrition  
Wolpow Family Chair and Director  
Inflammatory Bowel Disease Center  
Boston Children's Hospital  
Physician, Crohn's and Colitis Center, Division of Gastroenterology  
Brigham and Women's Hospital, MGB  
Egan Family Foundation Professor of Pediatrics in the Field of Transitional Medicine & Professor of Medicine  
Harvard Medical School  
Boston, MA

### Icahn School of Medicine at Mount Sinai Faculty

#### Abhik Bhattacharya, MD

Assistant Professor of Medicine,  
The Susan and Leonard Feinstein IBD Center  
The Dr. Henry J. Janowitz Division of Gastroenterology,  
Icahn School of Medicine at Mount Sinai  
New York, NY

#### Steven H. Itzkowitz, MD, FACP, FACG, AGAF

Professor of Medicine, Oncological Sciences, & Medical Education  
Chair, American Cancer Society National Colorectal Cancer Roundtable  
Icahn School of Medicine at Mount Sinai  
New York, NY

#### Stephanie Gold, MD

Assistant Professor of Medicine  
Icahn School of Medicine at Mount Sinai  
New York, NY

#### Zoë Gottlieb, MD

Assistant Professor of Medicine  
Director, Henry and Elaine Kaufman Intestinal Ultrasound Program  
Associate Director, Marie and Barry Lipman IBD Preconception and Pregnancy Planning Clinic  
Henry D. Janowitz Division of Gastroenterology  
Icahn School of Medicine at Mount Sinai  
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#### Alexander J. Greenstein, MD, MPH, FACS

Professor of Surgery and Health Policy  
Surgical Co-Director, Inflammatory Bowel Disease Center  
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Icahn School of Medicine at Mount Sinai  
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#### Ayanna Lewis, MD

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#### Taryn Lores, PhD, M Psych (Health)

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#### Elana Maser MD BA, FRCP(C)

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The Susan and Leonard B. Feinstein  
Inflammatory Bowel Disease Center  
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Taryn Lores, PhD

#### Saurabh Mehandru, MD

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Director, Helmsley IBD Research Center  
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#### Bhavana Bhagya Rao, MD

Assistant Professor, Department of Medicine  
Assistant Professor, Department of Medical Education  
Associate Program Director,  
Gastroenterology Fellowship  
Director of Fellows' IBD Clinic  
The Dr. Henry J. Janowitz Division of Gastroenterology  
Icahn School of Medicine at Mount Sinai  
New York, NY

#### Peter Rubin, MD

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#### Bruce E. Sands, MD, MS

Dr. Burrill B. Crohn Professor of Medicine  
System Chief, Division of Gastroenterology  
Mount Sinai Health System  
Icahn School of Medicine at Mount Sinai  
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#### Adam Steinlauf, MD

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#### Thomas Uilman, MD

Professor of Medicine  
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Icahn School of Medicine at Mount Sinai  
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#### Serre-Yu Wong, MD, PhD

Assistant Professor  
The Susan and Leonard Feinstein IBD  
Clinical Center  
Henry D. Janowitz Division of Gastroenterology  
Icahn School of Medicine at Mount Sinai  
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# Mount Sinai Inflammatory Bowel Disease Consultant's Course:

## Practical IBD Management for the Busy Clinician

### Program Goals

The 21st Annual Mount Sinai Inflammatory Bowel Disease Consultant's Course will provide an in-depth review of strategies for participants to better diagnose, classify and achieve remission in patients with Inflammatory Bowel Diseases. State-of-the-art lectures will be given by expert faculty on optimizing therapies, innovative treatment, and epidemiology of IBD. This onsite activity and live webinar will include panel discussions, discuss the positioning of new medications, and provide an opportunity for attendees to present their own questions and challenging clinical scenarios. The goal is to meet the needs of our IBD patients by addressing sub-optimal disease control, preventable disease complications, and the potential negative consequences of therapy, such as serious infections and cancer.

### Program Objectives

At the conclusion of the conference, the participants will be able to:

1. Discuss how to apply practical, evidence-based strategies to select, sequence, and optimize therapies for Crohn's disease and ulcerative colitis.
2. Integrate monitoring tools—including biomarkers, therapeutic drug monitoring, and imaging—into feasible treat-to-target approaches.
3. Manage complex and high-risk IBD scenarios, including refractory disease, dysplasia and cancer risk, pregnancy, and acute severe ulcerative colitis.

### Who Should Attend

Gastroenterologists, Colorectal Surgeons, Primary Care

### Who Should Attend

Gastroenterologists, Colorectal Surgeons, Primary Care Physicians, PAs and other healthcare professionals caring for patients with IBD or colorectal cancer.

### Accreditation Statement

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### Credit Designation

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Course Location

Davis Auditorium  
Hess Center for Science and Medicine  
1470 Madison Avenue, 2nd Floor, New York, NY 10029

### Parking & Directions

Parking is available on East 99th Street between Madison and Park Avenue. Directions: [www.icahn.mssm.edu/about/visiting](http://www.icahn.mssm.edu/about/visiting)

### Registration Fees

Registration is complimentary and must be completed online

### Online Registration

<https://mssm.cloud-cme.com/IBD2026>

### Hotel Accommodations

Please contact Denise Newman at (718) 835-4911 or email [dnew229@aol.com](mailto:dnew229@aol.com).

### Special Needs

Icahn School of Medicine is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend and require any special accommodations, please contact The Page and William Black Post-Graduate School at (212) 731-7950.

For additional conference information, please call the **Office of CME: (212) 731-7950** or email: [cme@mssm.edu](mailto:cme@mssm.edu).

## REGISTRATION

**Friday, April 17, 2026**

Davis Auditorium

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**Register Online**

<https://mssm.cloud-cme.com/IBD2026>

For security purposes, credit card payment cannot be accepted by mail or fax. Please visit [www.icahn.mssm.edu/cme/courses](http://www.icahn.mssm.edu/cme/courses) to register and pay by credit card: Visa, MC, AMEX.

### Cancellation policy

All refund and cancellation requests must be emailed to the CME office at [cme@mssm.edu](mailto:cme@mssm.edu) by April 3, 2026. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal or less than \$50.